



THE
WELLNESS
WAY
Do Health Differently.

Green Bay, 2020 Info Guide

We're counting down the days to seeing all of you in Green Bay! Here's a little more info to help you plan your stay.

Where do we check in?

All guests who reserved a room in the Wellness Way block of reserved rooms are to check in at the **Radisson Hotel & Conference Center Green Bay**, 2040 Airport Drive, Green Bay, WI 54313. There will be hotel signs that will indicate where check in is. From there, you will be directed to your individual room locations.

**Please Note: The Radisson Hotel has complimentary 24-hour shuttle service to and from the airport. Please call the hotel directly at 920-494-7300 extension 0. This will bring you to the front desk and allow you to request a shuttle.

When do we check in?

Official check in time is October 23rd at 3:00pm. You are also able to request early check in, and/or late checkout – contact the front desk to make those arrangements: (920) 494-7300.

Do they know who we are? Do we need to wear masks??

During a time where most venues would be difficult to work with, or simply turn us away, The Radisson has been more than gracious and supportive of our event. We want to return the kindness and be respectful of their staff and employees. The following is directly from their event manager:

Your event space will be set up with social distancing in mind along with having hand sanitizer at all doors.

Our GM along with Oneida Nation, Radisson and Aimbridge Hospitality, with the State of WI mandate requiring all persons to wear a mask indoors and this includes all public areas of the Hotel including the Banquet and Meeting space.

However....

-People who are eating or drinking are exempt

- People who may have a medical condition that may be aggravated by wearing a mask are exempt.

The Radisson Hotel respects your privacy and greatly appreciates your business. Therefore, if you are without a mask during your stay with us, we will assume you meet one of the criteria's above and welcome you to the Radisson Hotel.

However, regardless if either of the above pertain to you, social distancing is a must. So please practice safe social distancing at all times. We ask that you offer everyone here at the Radisson Hotel the same respect.

We're all in this together!

While we are passionate about our message and freedoms, we are also courteous and appreciative of having the opportunity to gather and train together in-person. Please help us show our venue our support and gratitude by being discreet. They are trusting us as much as we are trusting them!

Is there Wi-Fi available?

Wi-Fi is complimentary in rooms as well as lobbies. Wi-fi will not be in the conference room, so [download your slides](#) early!

Where is everything?

[Click here to see maps of the grounds](#). Training will take place in the **Iroquois Complex**, which is on the main floor of the hotel. The easiest access to this room from the parking lot is via the entrance to the right of the main lobby doors (please see map). Our bonus Saturday evening dinner event is just down the hall, in rooms Turtle and Bear.

How do the meals work?

Training on Friday afternoon will begin at 6:00pm. There will be no dinner break, so make sure you eat beforehand! We will be providing fruit and snack bars during our Friday evening break, but no heavy meal.

With the current restrictions on restaurants in the area, many close at or before 9:00pm, so please be prepared!

Saturday you will have a 2 hour break to find lunch on the grounds or at a location nearby—it sounds like a lot of time, but will undoubtedly go by quickly. Make sure you're ready with your plans!

The hotel dining options will be closed (with the exception of the coffee shop). The casino adjacent to the hotel will have 2 options open: [Grill Masters](#) (located in their food court), and the [Asian Noodle Bar](#). Please note the casino is privately owned by the Oneida Indian Nation and may be checking temperatures and requiring facemasks for entrance. Off-site, there are many local restaurants we enjoy freely – [find them here](#), along with a few grocery stores with great TWW friendly variety.



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SATURDAY SPECIAL!

Despite the hotel restaurants and bars being closed, we're going to get to hang out together for dinner Saturday evening! Immediately following training, we will be moving across the corridor to the Turtle and Bear rooms. There will be a cash bar available at 6:00pm, with a Southwest dinner buffet beginning at 6:45pm. Buffet will have:

- Corn chips and corn shells, Siete Chips
- Salsa and Guacamole
- Marinated grilled chicken, marinated grilled steak
- Spanish rice
- Black beans
- DF corn with roasted red peppers

Toppings: Regular and dairy free sour cream, regular and non-dairy cheese sauce, lettuce, cilantro, black olives, onion, tomatoes, jalapenos.

Beverages: Coffee, iced tea, lemon water

We have the room until 11:00pm. It just wouldn't be a Wellness Way event, without the chance to hang!

**Due to the need to be aware of and respectful of group size limits, Saturday evening is for event ticket holders only. Thank you for understanding.*

Is there a dress code?

No stuffy, formal training requirements here! Wellness Way University LIVE! prides itself on fun, interactive training events and wants you to be comfortable for all the action. Both days will be a casual environment, with casual dress encouraged for all attendees.

How do I earn the CE Credits?

This event has been approved for 9 CE Credits! The fee for the credits is \$100 per doctor for one state, and \$50 for each additional state—details regarding credits for your state are [located here](#). To register or for more details email Crystal at cearley@thewellnessway.com.

What should I bring to training?

Enthusiasm!! ...and your laptop/tablet device so you can download the slides and follow along with presenters. All the reference materials will be available online for download prior to the event at: <https://wwulive.com/gb-downloads-2020/>



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What should I NOT bring to training?

Children. If you know us, you know we *love* kids and we love meeting families! However, this is a professional training event, which will be recorded. Children of any age will not be allowed into the room.

Will there be breakout sessions?

Nope! This time we're keeping things simple and not forcing you to make those tough break-out decisions! All training is taking place in the Iroquois Complex, with all of us together. Us, We, Our!

Will the training be recorded?

Yes! All of the training throughout the weekend will be recorded in HD quality resolution. The recordings will be made available in the University within the month following training for all current Wellness Way affiliates. An electronic copy of the slides will also be available in the university, for those watching the recordings and for future reference.

Will the event be live streamed?

No. The event will be recorded but will not be live streamed.

When is checkout?

Checkout will be at 11:00am Sunday, October 25th, unless you have scheduled an alternative checkout date/time.

**If you have additional questions, feel free to contact
Crystal or Danny prior to the event.
We look forward to seeing you there!**

Event SCHEDULE

FRIDAY, OCTOBER 23

6:00 PM - 7:15 PM

IMMUNOLOGY & MORE

Dr. Patrick Flynn

7:15 PM - 7:45 PM

SNACK BREAK

7:45 PM - 9:00 PM

IMMUNOLOGY - PART 2

Dr. Patrick Flynn

SATURDAY, OCTOBER 24

8:00 AM - 9:00 AM

COFFEE BAR & HEADSHOTS

9:00 AM - 10:15 AM

BREAKING DOWN FAT METABOLISM

Dr. Jason Nobles

10:15 AM - 10:35 AM

BREAK

10:35 AM - 11:50 AM

BIRTH CONTROL & HORMONE TESTING

Nicole Saleske, FNP, APNP

11:50 AM - 2:00 PM

LUNCH BREAK

2:00 PM - 3:15 PM

**GLUTEN, INTESTINAL PERMEABILITY
& THE IMMUNE RESPONSE**

Dr. Zach Papendieck

3:15 PM - 3:35 PM

BREAK

3:35 PM - 4:50 PM

**NAVIGATING POPULAR DIETS
IN CLINICAL PRACTICE**

Dr. Greg Abbott

4:50 PM - 5:05 PM

BREAK

5:05 PM - 6:00 PM

MEDIA

Dr. Patrick Flynn

